



Phenix & Phenix
Literary Publicists, Inc.

About Steven Brown, M.D., Ph.D.

Author of *Navigating the Medical Maze: A Practical Guide*



As a medical expert, clinical associate professor of internal medicine, and cardiologist with 12 years of private practice experience, you could say Steven Brown, M.D., Ph.D., has been navigating the medical maze for quite a while.

Every day, Dr. Brown sees patients frustrated by all the medical jargon, deceptive doctors, and potential side effects that come with medical care – and responds by putting control back in their hands. As a result, he’s watched many of his patients turn their lives around. But taking back that control, and finding the best health care possible, isn’t always easy.

“On the one hand, there are claims that doctors or drug companies are evil and dishonest. On the other hand, news reports describe triumphs of modern medicine in curing disease and improving quality and quantity of life,” says Dr. Brown in his new book, *Navigating the Medical Maze: A Practical Guide*. “How can so many seemingly intelligent, caring people reach such different conclusions? The solution is teaching people how to sort through conflicting advice so they can arrive at the best choices for themselves and for their families.”

Dr. Brown began his medical training at Emory University, where he majored in chemistry and history. During his undergraduate career, he attended The University of St. Andrews in Scotland on a prestigious exchange scholarship, completing a year of graduate work in Biochemistry. He then attended Columbia University in New York for both his M.D. and Ph.D. degrees. At Columbia, he was the recipient of the Robert F. Loeb Award, reserved for medical students who have shown the greatest promise of excellence in clinical medicine.

After receiving his degrees, Dr. Brown completed his postgraduate medical training in internal medicine and cardiology at Barnes Hospital of Washington University in St. Louis, which has placed on *U.S. News & World Report’s* "Honor Roll" of America’s best hospitals for the past 15 years.

Along with his wife and three children, Dr. Brown currently lives in Midland, Texas. In addition to his private practice, he holds an appointment as Clinical Associate Professor with Texas Tech University, and has had research published in top health journals such as *Chest* and *Circulation*. Dr. Brown also serves on Focus on the Family’s Physician Resource Council, a group of about 30 medical experts from the U.S. and Canada who advise the organization on medical issues. For more information, please visit www.drstevenbrown.org.

###

To request an interview with Dr. Brown, please contact him through his website, www.drstevenbrown.org.